

Delivering Personalised Care that Matters

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Health Check-up Package
Little ones





CHILD HEALTH **AED 2500**

SCREENING & EXAMINATION

- Physical Examination by Doctor
- TTG-IgA (Anti Tissue Transglutaminase Antibody Ig A, Serum)
- TTG-IgG (Anti Tissue Transglutaminase Antibody Ig G, Serum)
- Vision Screening
- Hearing Screening
- Dental Assessment

GENERAL HEALTH

- Complete Blood Count (CBC)
- Erythrocyte Sedimentation Rate (ESR)
- Random Blood Sugar (RBS)
- Routine Urine
- Blood Group
- Thyroid Stimulating Hormone (TSH)
- C-Reactive Protein (CRP)
- Haemoglobin Electrophoresis
- Vitamin D
- Calcium
- Magnesium
- Phosphorous
- Serum Creatinine
- Electrolytes

METABOLIC & THYROID HEALTH

- HbA1C
- Free T3
- Free T4

SKIN & HAIR HEALTH

- Vitamin B12
- Folate
- Zinc
- Copper
- Serum Ferritin
- Iron
- Total Iron Binding Capacity

BONE HEALTH

- Parathyroid Hormone (PTH)

HORMONAL PROFILE

- Insulin-like Growth Factor-1 (IGF-1)
- C-Peptide Level

LIPID PROFILE

- Cholesterol, HDL, LDL, and Triglyceride

LIVER FUNCTION

- Bilirubin, Total Albumin, Globulin
- Hepatitis B Surface Antigen
- SGOT (AST) and SGPT (ALT)
- Albumin / Globulin Ratio
- Alkaline Phosphatase (ALP)
- Gamma GT (GGT)

KIDNEY FUNCTION

- Blood Urea Nitrogen (BUN)
- Estimated Glomerular Filtration Rate (eGFR)

RADIOLOGY TESTS

- Total Abdominal Ultrasound Scan

STOOL TESTS

- Stool Routine



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Introducing
NMC MyHealth app
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AN OVERVIEW

B	Blood Group - Identifies your blood type
C	C-Peptide Level - Check if pancreas is producing insulin and any risk of type 1 diabetes C-Reactive Protein (CRP) - Detects hidden inflammation and infections CA-125 - Helps detect ovarian cancer Cholesterol, HDL, LDL, and Triglyceride - Assesses cholesterol levels and heart disease risk Complete Blood Count (CBC) - Checks for infections, anaemia, and overall blood health
D	Dental Assessment - Evaluates oral health and risk of tooth loss or gum disease
E	Electrolytes - Measures levels of the body's main electrolytes Erythrocyte Sedimentation Rate (ESR) - Measures body inflammation levels
F	Free T3 & Free T4 - Detects thyroid disorders that affect metabolism, body weight and energy level
H	Haemoglobin Electrophoresis - Screens for thalassemia and sickle cell anaemia carriers HbA1C - Monitors blood sugar levels and diabetes risk Hearing Screening - Checks for hearing loss, which is common with aging
I	Insulin-like Growth Factor-1 (IGF-1) - Evaluates growth hormone level
K	Kidney Function - Evaluates kidney function and electrolyte balance
L	Liver Function - Checks liver health by measuring enzyme and protein levels
P	Parathyroid Hormone (PTH), Bone Alkaline Phosphatase (ALP) - Assesses bone strength & osteoporosis risk Physical Examination by Doctor - General health check, vitals. Growth assessment for Children
R	Random Blood Sugar (RBS) - Monitors blood sugar levels and diabetes risk Routine Urine - Checks for infections, kidney issues, and diabetes signs
S	Serum Creatinine - To check the filtration capability of kidneys Serum Ferritin, Iron, Total Iron Binding Capacity - Evaluates iron levels to detect anaemia or iron overload Stool Routine - Examines stool for infections, parasites, and digestive issues
T	Thyroid Stimulating Hormone (TSH) - Detects thyroid disorders affecting metabolism, body weight & vitality Total Abdominal Ultrasound Scan - Screens for organ abnormalities TTG-IgA - Diagnoses gluten protein intolerance causing intestinal malabsorption (celiac disease) TTG-IgG - Diagnoses gluten protein intolerance causing intestinal malabsorption (celiac disease)
V	Vision Screening - Assesses eyesight and detects conditions like cataracts or glaucoma Vitamin B12, Folate, Zinc, Copper - Checks for vitamin deficiencies affecting immunity, hair, skin, & nails Vitamin D, Calcium, Magnesium, Phosphorous - Measures the levels of specific elements in your blood